

## Sea Lions Swim Team



Parents Update June 20, 2021
Team Website: sealionsswimteam.com

**Great Swimming in Coolidge:** We had 68 best times and won 40 events at the meet. Scores reflect that we just needed few more swimmers at the meet - Coolidge 909, Sea Lions 544, Globe Piranhas 97. Ribbons will be handed out Monday after practice.

**Practices**: 4:00 -6:00 pm Monday – Friday

Friday Practices will end early and swimmers need to be picked up at 5:30 pm – this week there is a private party and the lifeguards need to get the pool ready beginning at 5:30 pm.

**Home Meet on June 26:** Our next meet is a home meet in Mammoth against Florence. Warm up begins at 8 am. We will need help setting up beginning at 6:30 am – it would be ideal to have some parents help set up the shades early then return later with their swimmers. We encourage **ALL** swimmers on the team to attend the meet even if you think your swimmers are not ready to swim. Swimmers should enter all of the individual events that they are capable of completing. Bring plenty of water to drink. Fruits are good snacks for kids to eat during the meet. League Rules, the order of events, and swimmers best times are posted on the team website.

Running the Meet: There are many things to do to run a swim meet — Timers, Scorekeepers, Officials, Ribbon Writers, Set up / take down crew, Runners, Lifeguards and Concessions. It takes over 20 volunteer parents to run a swim meet. In all cases, you will be able to see your children compete. Please see us at practice to sign up for one of the many positions. We cannot run a meet without the parents help!

**Swimmers Times:** Swimmers times from each race are posted at the pool and on the team website. If the time is highlighted in blue, it is a personal best time for the swimmer. Each swimmer's improvement is tracked during the season and swimmers with the most number of best (improved) times are recognized at the end of the season. Remember, the first time a race is completed, it is a best time. Having swimmers learn and compete in **all the events** is one of the goals of the team. Practicing, learning all the strokes, and being ready to swim all the events is the key to improving.

**Fourth of July**: The Sea Lions are again working with the Town of Mammoth to host the Annual July 4<sup>th</sup> Celebration at the Pool. The pool will be open to the public for free from 3:00 -6:00 pm on Sunday July 4<sup>th</sup> and there will be food, games, and prizes. We are in need of many volunteers to help beginning at 2 pm. Previous events were great fun for everyone and we would like to host another great celebration this year. Let us know how you can help. We will need many canopies and tables.

**Public Swim:** The Mammoth Pool is now open for Public Swim:

Family Swim Sunday 4:00 -7:00 pm Sunday

Adult Lap Swim 7:00- 9:30 am Monday - Friday

Morning Swim 9:30 -11:30 am Tuesday and Wednesday

Day Swim 12:00 - 3:00 pm Friday

Night Swim 6:30 -9:30 pm Tuesday, Wednesday, Thursday