



# Sea Lions Swim Team



**Parents Update July 5, 2021**  
**Team Website: [sealionsswimteam.com](http://sealionsswimteam.com)**

**Thanks for everyone's help and hard work in putting on a Fun 4<sup>th</sup> of July Celebration at the Pool!**

**Practice Monday – Friday 4:00- 6:00.** The diving board is usually open for 15 minutes prior to the start of practice. Make it habit to be on time to practices.

**Whiskers vs Thunder Meet on Saturday at the Mammoth Pool (8 am Warm up).** This is an intrasquad meet. Teams will be selected on Wednesday and announced at practice on Thursday. In addition to all the regular individual events, there will be several relays (Noodle, Kickboard, Free, Back, Breast, Medley). Since teams will be evenly matched, the relays will probably determine which team wins. Older swimmers will serve as team captains and determine the relay line ups. Last year Team Thunder won the most events, but Team Whiskers won the meet by winning 4 out of the 6 relays (Final Score 364 - 354). This is a good first meet for swimmers who have not competed before. Let us know as soon as possible if you will be attending (preferably by email).

**Swimmers Times:** Swimmers times from each race are posted at the pool and on the team website. If the time is highlighted in blue, it is a personal best time for the swimmer. Each swimmer's improvement is tracked during the season and swimmers with the most number of best (improved) times are recognized at the end of the season. Remember, the first time a race is completed, it is a best time. Having swimmers learn and compete in **all the events** is one of the goals of the team. Practicing, learning all the strokes, and being ready to swim all the events is the key to improving.

**July 17 Meet in Mammoth:** The Relay Meet has been cancelled and we will be hosting a meet against Globe on July 17.

**July 24 League Championship Meet in Coolidge:** This is the meet that will determine which team is crowned as League Champions. The Sea Lions have won 12 of the last 14 League Championship Meets and finished 2<sup>nd</sup> in the other 2. We will need to earn every point (top 8 places earn points) to earn a team trophy this year. The team must submit entries for the championship meet by Saturday July 17. The number of events each swimmer can swim is limited. The coaches will decide which events the swimmers will swim based on what is best for the team.