



Sea Lions Swim Team



Parents Update June 18, 2023
Team Website: sealionsswimteam.com

Congratulations on the win on Saturday! The final score was Sea Lions 755, Globe 670. As a team we had 118 best times from the 37 Swimmers who competed at the meet. We were able to win the meet because everyone swam every event they were capable of swimming. Ribbons will be passed out at the **end of practice** on Monday. Keep an eye out for an article in the San Manuel Miner about the meet.

Practice Monday – Friday 3:30- 5:00 in Mammoth.

Morning Practices for advanced swimmers (Tue and Thurs-check with Coach Alex for details).

Practice Groups have been designed with over 20 years of coaching experience. We have an orderly method of moving swimmers from one group to another. There are milestones that swimmers need to achieve before being ready for the next group. Having a swimmer or parent decide to change groups without a prior discussion with coaches is counter-productive for everyone. If you feel your swimmer is ready to change groups talk to Coach Alex about it any time after practice. Please let the coaches run practices without interference.

June 24 Swim Meet in Mammoth: Eloy and Globe will both be in Mammoth for our next meet. Expect another close meet with Globe. Warm up begins at 8 am. Please come early.

Running the Meet: We will be hosting 3 more meets this summer, so it is a good idea to get everyone involved in running a meet at some point in the season so the same few don't have to do it every week. There are many things to do to run a swim meet – Timers, Scorekeepers, Officials, Ribbon Writers, Set up / take down crew, Runners, Lifeguards and Concessions. It takes over 20 volunteer parents to run a swim meet. In all cases, you will be able to see your children compete. Please see us at practice to sign up for one of the many positions. We cannot run a meet without the parent's help!

Swimmers Times: Swimmers times from each race are posted at the pool and on the team website. If the time is highlighted in blue, it is a personal best time for the swimmer. Each swimmer's improvement is tracked during the season and swimmers with the most number of best (improved) times are recognized at the end of the season. Remember, the first time a race is completed, it is a best time. Having swimmers learn and compete in **all the events** is one of the goals of the team. Practicing, learning all the strokes, and being ready to swim all the events is the key to the success of our team.

Upcoming Meets: We host Globe and Eloy this week (expect another close meet with Globe). July 1 we will be hosting the defending League Champion Tucson Aquabears. July 8 we will host Coolidge which is probably the largest team in the league. July 15 we will have the League Championship in Florence.