

Sea Lions Oro Valley Practice Schedule

Normal Schedule for when school is in session

November-March

Monday	Dryland 4 pm	Swim 4:30-6:00 pm
Tuesday	Dryland 4 pm	Swim 4:30-6:00 pm
Wednesday	Dryland 4 pm	Swim 4:30-6:00 pm
Thursday	Dryland 4 pm	Swim 4:30-6:00 pm
Friday	No Practice	

Practice Schedule will vary around school holidays and winter break