



Sea Lions Swim Team



Parents Update May 7, 2023
Team Website: sealionsswimteam.com

These weekly Parents updates are also posted on sealionsswimteam.com on the summer league page in the Parents Information section.

No Practice on Tuesday May 9.

Practices Monday – Friday 3:30- 5:00 in Mammoth: Keep an eye on the parent updates for any changes in practice times or dates.

Sea Lions will begin practice in Mammoth on May 8: The registrations forms are available at the pool and are on the team website (on the news page). We will be taking registrations during practices at the Mammoth pool. The registration fee is \$60 (\$50 for each additional child in the same immediate family). Registration checks should be made out to Sea Lions Swim Team.

Team T-shirts Deadline Thursday: In order to receive T-shirts by the first meet (on June 3), we will need to submit the order this week. Swimmers who are registered by Thursday (be sure to include child's t-shirt size on registration form) will receive t-shirts in time for the first meet. Anyone who wants for buy additional t-shirts for Family members, needs to let us know by Thursday (May 11). The price for additional t-shirts will be \$25.

Summer Meet Schedule: Meets will be on Saturdays beginning June 3 and ending with the League Championship Meet on July 15. We have home meets on June 3, June 10, June 24, July 1, and July 8. Home meets will require lots of help setting up and running the meet. We have an away meet in Globe on June 17 and the League Championship will be held in Florence on July 15. The full schedule is posted on the team website.

New Team Members: We will need several new swimmers this year, please help recruit anyone you know that may be interested. New team members do not need to know how to swim, they will learn at practice.

Goggles: A good pair of goggles makes a huge difference in a swimmers experience. The ability to put the face in the water is important when learning the strokes and goggles make this easier. Usually brand names like Speedo, TYR, and Sporti are the best choice and are available at sporting goods stores, Target, and online. The inexpensive goggles at the dollar stores usually do not fit well, leak and do not hold up very long.