



Sea Lions Swim Team



Parents Update July 18, 2021
Team Website: sealionsswimteam.com

Great Swimming at the meet yesterday. We achieved 82 best times. Sea Lions 1066- Globe 266. Thanks for all the help running the meet and setting up.

Practice Monday – Friday 4:00- 5:45. The diving board is usually open for 15 minutes prior to the start of practice. Make it habit to be on time to practices.

Keep in mind that the monsoons are unpredictable, so be ready to pick up your swimmers early if we must shorten practice due to lightening. Hopefully, the weather will cooperate this week so that we can get as much practice in as possible.

Swimmers Times: Swimmers times from each race are posted at the pool and on the team website. If the time is highlighted in blue, it is a personal best time for the swimmer. Each swimmer's improvement is tracked during the season and swimmers with the greatest number of best (improved) times are recognized at the end of the season. Remember, the first time a race is completed, it is a best time. Having swimmers learn and compete in **all the events** is one of the goals of the team. Practicing, learning all the strokes, and being ready to swim all the events is the key to improving.

July 24 League Championship Meet in Coolidge: This is the meet that will determine which team is crowned as League Champions. The entries have been submitted. If you are entered and will not be swimming at the meet let me know as soon as possible. The Sea Lions have won 12 of the last 14 League Championship Meets and finished 2nd in the other 2. We will need to earn every point (top 8 places earn points) to earn a team trophy this year. The top 3 swimmers in each event receive medals.

Keep in mind that the Championship starts 1 hour earlier than the dual meets. Warm-up starts at 6:30 am and the meet begins at 8 am. All the teams in the league will be there, so come early to set up your tent. It's great when the whole team can sit together and cheer each other on. The Coolidge Aquatic Center is located at 860 W Northern Coolidge AZ 85128.

July 31 Awards Ceremony and Party - The Sea Lions will have the end of summer awards ceremony and team party on Saturday July 31.